

# The Next Generation FiT



Are you ready to get FiT?

*Fraser Valley*  
"Families In Touch"  
**FiT**  
**NETWORK**  
*Society*

*A Network created to keep Special Needs Families In Touch.*

*Monthly Seminars with Guest Speakers on relevant topics are held to empower families, with information and opportunity to Network within our Special Needs Community.*

- ✓ FiT Meets
- ✓ FiT Family Fun Events
- ✓ FiT Round Table
- ✓ FiT M2M Group
- ✓ FiT Parent Fun Nights
- ✓ FiT Casual Coffee Nights
- ✓ FiT Workshops
- ✓ FiT Family Camp

**Get FiT!**

[fitnetworksociety.com](http://fitnetworksociety.com)

